

# LITTLE ROCK LOW-INCOME SUBSTANCE ABUSE RECOVERY RESOURCE GUIDE

PROVIDER	ACCEPTED INSURANCE	MEN	WOMC	Kouru.	RESIDEN.	We The M	OUTO	ADMISSIONS	ADDITIONAL INFORMATION	CONTACT INFORMATION
<b>Baptist Health Recover</b> 9501 Baptist Health Dr	Most insurance, Medi- care, Medicaid							Free assessment, bring photo ID & insurance card	Detox from opiate, benzodiazepine, alcohol; \$5,500 if out of pocket	501-202-7006 (main)
<b>BCD: Hoover Treatment Center</b> 3604 W 12th St	Ambetter; BCBS; Pay- ment plans available	•	•		•			Apply at: bcdinc.org	8-week outpatient: \$1,600 30-day residential: \$3,500	501-663-4774 (main)
<b>Behavioral Health Group</b> 4260 Stockton Dr Ste A, NLR	All insurance; sliding scale for self pay							Schedule a consult at: bhgre- covery.com/inquiry-form/	Outpatient opioid treatment; \$90/wk if no insurance, \$300 first visit	501-916-9129 (main)
<b>Behavioral Health Services of AR</b> 10 Corporate Hill Dr #330	Most insurances; Sliding scale							Call for admissions	ID required	501-954-7470 (main)
<b>Family Service Agency</b> 628 W Broadway St #300, NLR	Self-pay, Medicaid							Call for admissions; provides services to youth and adults	ID required	501-372-4242 (main)
<b>Gyst House</b> 8101 Frenchmans Ln	Cash or check	•			•			Call for admissions	Outpatient services available	501-568-1682 (main)
<b>Harbor House</b> 3700 W 65th St	Most insurance							Call Mon - Fri, 8a - 5p to speak with admissions	Services for pregnant women	479-785-4083 (main) 855-631-4648 (toll-free)
Life Forward Counseling 218 N McKinley St	Most insurance, Self- pay							Call or drop by to schedule an appointment	Self pay rates vary, some pro- bono services are offered	501-747-2300 (main)
<b>Methodist Family Health: AR Cares</b> 2002 S Filmore St	Most insurance, Medicaid, ARKids							Call 501-803-3388 for admissions	Program for pregnant women, moms with kids	501-661-0720 (main)
Natural State Recovery Centers 10025 Oakland Dr, North Little Rock	Most insurance, Am- better, BCBS							Apply online at naturalstaterecovery.com	ID required; Outpatient at 924 Main St	501-319-7074 (main)
<b>Oasis Renewal Center</b> 14913 Cooper Orbit Rd	Most insurance							Apply online at: oasisrenewalcenter.com	ID required	501-376-2747 (main)
<b>Quality Living Center</b> 3925 Asher Ave	Ambetter, BCBS, private, self-pay							Take a prescreen at: qualitylivingcentertreatment.net	Transitional living option; payment assistance available	501-663-3490 (main)
<b>RCA - Riverbend</b> 1201 River Rd, North Little Rock	Private pay & payment plans							Apply online at rcofa.org	ID required; discount on service fees with proof of income	501-372-4611 (main)
<b>RCA - Williamsburg</b> 6301 Father Tribou St	None; state funded or self pay	•						Apply online at rcofa.org; \$150 - \$170/week all inclusive	Outpatient program and chem free transitional housing	501-372-4611 (main)
Rivendell Behavioral Health 100 Rivendell Dr, Benton	Most insurance, Medi- care, TRICARE							For 24/7 assessments, call 888- 581-5091	Adult dual diagnosis program	501-316-1255 (main)
<b>Serenity Park</b> 2711 W Roosevelt Rd	Most insurance							Call or apply online at serenityparkrecovery.com	Medically assisted detox, residential rehab available	501-313-0066 (main)
<b>The Bridgeway</b> 21 Bridgeway Rd, North Little Rock	Most insurance, TRI- CARE							Call for admissions; 24/7 assessments offered	Medical detox available; partial hospitalization program	501-771-1500 (main) 800-245-0011 (toll-free)
<b>The Haven Arkansas</b> 5201 Stagecoach Rd	Most insurance, TRICARE							Call to complete pre-admission screening & verify insurance	28-day residential detox; new outpatient program; ID preferred	501-271-3342 (main)
UAMS Center for Addiction 4224 Shuffield Dr	Medicare, Medicaid, most insurance							Call for admissions	Methadone - Medicare/Medicaid only; Suboxone - most insurance	501-526-8100 (main) 501-526-8400 (clinic)
Union Rescue Mission 823 S Park St   2921 Springer Blvd	\$75 - \$80 initial entrance fee							Dorcas House (women) - Park Nehemiah House (men) - Springer	9 - 12 month drug & alcohol program, no narcotics	501-374-4022 (main)

# **Our House**

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# PROVIDER

# **CONTACT INFORMATION**

# **OUR HOUSE RESOURCES**

#### 12 Step Recovery Support Groups

Alcoholics Anonymous Central Office:	7509 Cantrell Rd #106, Little Rock, AR 72207   Call <b>501-664-7303</b> (hotline) or <b>501-664-6042</b> (business) for 24/7 assistance or visit arkansascentraloffice.org
AlAnon & Alateen	Visit arkansasalanon.org or 1-888-425-2666 to find a meeting for youth and friends/family
Celebrate Recovery at Metro Worship Center:	2914 S Cumberland St, Little Rock, AR 72206   Call 501-951-1333 or metroworshipcenter.com
Cocaine Anonymous:	3921 Asher Ave, Little Rock, AR 72205   Call 501-301-4827 or caarkansas.org for more information
Friends of Recovery Foundation, Inc:	1305 W Markham St, Little Rock, AR 72201   Call <b>501-703-6470</b> for assistance or visit <b>recoverycentral.info</b> to find a meeting
The Kelly Foundation:	2500 Broadway St, Little Rock, AR 72204   Call 501-663-6553 for more information
Wolfe Street Foundation:	1015 S Louisiana St, Little Rock, AR 72202   Call 501-372-5662 or wolfestreet.org/meetings

## Harm Reduction & Chem Free Housing

Central Arkansas Harm Reduction Project:	8619 Chicot Rd   Serves people who use drugs & people who are sex workers   Provides free Narcan, condoms, fentanyl test strips, 1-minute HIV tests   Call or text <b>501-438-9158</b>
RCA - The Cottage at Sibley Hole:	9219 Sibley Hole Rd, LR, AR 72209   Call 501-372-4611   Costs \$125/week   Women only
RCA - Williamsburg:	6301 Father Tribou St, LR, AR 72205   501-372-4611   Costs \$150-\$170/week   Men only
RCA - Steeplechase Apartments:	6225 Father Tribou St, LR, AR 72205   <b>501-372-4611</b>   Costs \$550-\$600/month   Men and women who have completed treatment
Turning Place:	Call 501-414-0176   Costs \$150/week, no deposit required   Men only   Must be employed

## Support for Military Personnel & Veterans

Veterans Crisis Line:	Call 988 and press 1 or text 838255   24/7 help for veterans in crisis
Veterans Day Treatment Center:	1000 S Main St, Little Rock, AR 72202   Call <b>501-244-1900</b> or <b>501-257-4499</b> for more information   Provides a range of services to help homeless veterans including health care, case management, substance abuse education, and placement with chem-free housing
CAVHS John L. McClellan VA Medical Center:	4300 W 7th St, Little Rock, AR 72205   <b>501-257-1000</b>   Veteran at risk for serious withdrawal complications can to the Emergency Department   24 hour access to inpatient hospitalization   Medically managed detox   Average length of stay 5 - 7 days   Provides consult for treatment   Visit maketheconnection.net/resources/#va-resources to find more VA resources
CAVHS Eugene J. Towbin Healthcare Center:	2200 Fort Roots Dr, North Little Rock, AR 72114   <b>501-257-1000</b>   Patients with mild to moderate risk of with- drawal complications can go to Ambulatory Detox, Building 170, Unit 3L for evaluation   Walk in access Mon - Fri, 9a - 1p   Average length of stay 3 - 5 days   Evaluates for longer term programs

# **AVAILABLE CLASSES**

Our House has a rotating monthly schedule of classes that are offered pertaining to mental health, wellness, job training, recovery, and more.

View a schedule of our current classes at ourhouseshelter.org/careercentercalendar

#### **CONTACT INFORMATION**

302 E Roosevelt Rd, LR, AR 72206

To learn more and enroll, attend a Career Center orientation by calling (501) 291-0584

This guide is meant to provide information for low-income and under-insured individuals about substance abuse recovery resources in the Little Rock metropolitan area. Every effort is made to ensure accuracy, but this information may change. For more information or to request changes, visit **ourhouseshelter.org/resources.** Please visit ndtreatment.samhsa.gov for a directory of substance abuse and mental health resources nationwide.

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