

PROVIDER	ACCEPTED INSURANCE	ADULTS	YOUTH	CHILDREN	INPATIENT	OUTPATIENT	DAY TREATMENT	RESIDENTIAL	SCHOOL BASED	ADMISSIONS	ADDITIONAL INFORMATION	CONTACT INFORMATION
<b>Arkansas State Hospital</b> 305 S Palm St	Most insurance, Medicare, Medicaid	●	●	●	●			●		Referral from a Community Mental Health Center	State-operated Inpatient Hospital; Residential for ages 18-20	501-686-9000 (main)
<b>Baptist Health Behavioral Clinic</b> 11321 Mabelvale West #304	Most insurance, no Medicaid	●				●				Call to schedule; additional NLR location	Comprehensive counseling services	501-487-6010 (main)
<b>Behavioral Health Services of AR</b> 10 Corporate Hill Dr #330	Most insurance & Medicaid	●	●	●		●		●	●	Complete online forms at bhsarkansas.org	Formerly Youth Home; residential is for youth only	501-954-7470 (main) 501-413-9949 (emergency)
<b>Centers for Youth &amp; Families</b> 1521 Merrill Dr Suite D200	Most insurance & Medicaid	●				●	●			Outpatient Counseling Center w/ same day access	Can work with clients who do not have insurance	501-664-4308 (main) 888-868-0023 (toll-free)
<b>Centers for Youth &amp; Families</b> 6601 W 12th St	Most insurance & Medicaid		●	●		●	●	●		Call for admissions	Day treatment available	501-664-4308 (main) 888-868-0023 (toll-free)
<b>Chenal Family Therapy of LR</b> 10311 W Markham	Medicare, Medicaid, Most insurance	●	●	●		●				ID, SS Card, insurance card, proof of income required	Medicaid accepted at NLR location (2504 McCain Blvd #200)	501-781-2230 (main)
<b>CHI St. Vincent Behavioral Health</b> 2 St. Vincent Cir	Most insurance, Medicare, Medicaid	●			●					Visit hospital or local emergency room for screening	Outpatient currently closed	501-552-5777 (inpatient)
<b>Families, Inc. of Jacksonville</b> 2126 N 1st St Suite F, Jacksonville	Medicaid & Private	●	●	●		●			●	Must be referred by Primary Care Physician or school	Outpatient program	501-982-5000 (main) 877-595-8869 (toll-free)
<b>Inspiration Day Treatment</b> 11700 Kanis Rd #2	Medicare or Medicaid only	●					●			Medicare & Medicaid users must provide card	Day & evening treatment programs available	501-221-1941 (main)
<b>JCCSI: Open Hands Clinic</b> 3000 Springer Blvd Suite B	Most insurance, Medicare, Medicaid	●				●				Healthcare for the Homeless	Additional locations on University and in NLR	501-244-2121 (main) 870-543-2380
<b>Life Strategies Counseling Inc.</b> 1719 Merrill Dr	Most insurance, Medicare, Medicaid	●	●	●		●			●	Call 866-972-1268 for an appointment	Emergency services available 24/7 at 855-295-1127	501-663-2199 (main)
<b>Living Hope Southwest</b> 10025 Markham St #210	Medicare, Medicaid, Private Insurance	●	●	●		●			●	Call 501-663-5473 for an appointment	Crisis line available	501-663-5473 (main) 866-544-5473 (24/7)
<b>Methodist Family Health</b> 1600 Aldersgate Rd #200	Most insurance, Medicaid, ARKids	●	●	●	●	●		●	●	Call 501-803-3388 for an appointment	Day treatment schools for children	501-661-0720 (main) 866-813-3388 (toll-free)
<b>Professional Counseling Assoc.</b> 4354 Stockton Dr, NLR	Medicare, Medicaid, Sliding Fee	●				●				Call for admissions; at-risk youth program available	Emergency services and satellite offices available	501-955-7600 (main) 800-356-3035 (crisis)
<b>Pulaski Co. Crisis Stabilization</b> 3001 W Roosevelt Rd	N/A	●			●					Call 501-340-6646 for admissions	Alternative to law enforcement. Must volunteer for treatment.	501-340-6646 (main)
<b>Rivendell Behavioral Health</b> 100 Rivendell Dr, Benton	Most private insurance & Medicare	●	●	●	●	●				Referrals from individual, family, or professional	Free assessments offered 24/7	501-316-1255 (main) 800-264-5640 (toll free)
<b>The Bridgeway</b> 21 Bridgeway Rd, NLR	Most insurance, Medicare, ARKids	●	●	●	●	●		●		No cost assessments on site or mobile 24/7	Offers senior care, partial hospitalization, and ECT	501-771-1500 (main) 888-245-2651 (crisis line)
<b>Pinnacle Pointe</b> 11501 Financial Center Pwky	All insurance	●	●	●	●	●	●	●	●	Assessment before admission into the program	Outpatient services at 400 Hardin Rd #150	501-223-3322 (main) 800-800-3322 (toll-free)
<b>UAMS Psychiatric Research</b> 4224 Shuffield Dr	Most insurance, Medicare, Medicaid	●	●	●	●	●			●	More info on next page	More info on next page	501-526-8100 (main)
<b>Woodland International Research</b> 910 Autumn Rd	N/A	●	●	●	●					Call to enroll in study	Paid psych research studies; free transportation if needed	501-221-8681 (main)

PROVIDER	CONTACT INFORMATION	OUR HOUSE RESOURCES
<b>Suicide Prevention, Crisis Lines &amp; Support Groups</b>		
<b>National Emergency Number:</b>	Please dial 911 if you are in immediate danger   Suicide prevention, crisis lines, and support groups	<p style="text-align: center;"><b>AVAILABLE CLASSES</b></p> <p>Our House has a rotating monthly schedule of classes that are offered pertaining to mental health, wellness, job training, recovery, and more.</p> <p>View a schedule of our current classes at <a href="http://ourhouseshelter.org/careercentercalendar">ourhouseshelter.org/careercentercalendar</a></p> <p style="text-align: center;"><b>CONTACT INFORMATION</b></p> <p style="text-align: center;">302 E Roosevelt Rd, LR, AR 72206</p> <p>To learn more and enroll, attend a Career Center orientation by calling (501) 291-0584</p>
<b>Crisis Text Line:</b>	Text HOME to 741741 for free, 24/7 support   Serves anyone, in any type of crisis	
<b>National Suicide Prevention</b>	Provides 24/7, free, confidential support for people in distress & prevention resources   Call 988 (English and en Espanol)   For Deaf & Hard of Hearing, visit <a href="http://988lifeline.org">988lifeline.org</a>	
<b>P.A.T.H. Human Trafficking Line:</b>	Call 501-301-4357 or 1-888-373-7888	
<b>National Alliance on Mental Illness (NAMI):</b>	Visit <a href="http://namiarkansas.org">namiarkansas.org</a> for more information about support groups in Little Rock   800-844-0381	
<b>LGBTQ+ Support</b>		
<b>Trans Lifeline:</b>	Call 877-565-8860   24/7 service run by trans people for trans & questioning callers	
<b>InTRANSitive:</b>	Educates and celebrates the Trans Community in Arkansas   @intransitive.AR on Facebook or <a href="http://intransitive.org">intransitive.org</a>	
<b>Lucie's Place:</b>	307 W 7th St, Little Rock   501-508-5005   Arkansas' only LGBTQ+ specific shelter   Drop in center available	
<b>AR Transgender Equality Coalition:</b>	(ARTEC) Resources for transgender and gender non-conforming persons   Visit <a href="http://itgetsbetter.org">itgetsbetter.org</a>	
<b>The Trevor Project:</b>	Crisis intervention & suicide prevention for LGBTQ+ youth   Call 866-488-7386 for the 24/7 Trevor Lifeline   Chat online at <a href="http://thetrevorproject.org">thetrevorproject.org</a> or text START to 678678 (Mon - Fri, 2 - 9p)	
<b>UAMS Psychiatric Research Institute</b>		
<b>STRIVE:</b>	School based program providing therapy & medication management   Call 501-771-8261 for an appt.	
<b>Child Diagnostic Unit:</b>	The only inpatient program in the state that offers psychological, medical, psychiatric, language, life skills, and motor assessment for children (ages 2 - 12)   Call 501-526-8502 for more information	
<b>Walker Family Clinic:</b>	Adult psychiatric evaluation, medication management, neuropsychological testing, as well as psychotherapy for individuals and families   Call 501-526-8200 to schedule an appointment	
<b>5 North:</b>	Inpatient unit for female patients   Staff available 24/7   Services include expanded visitation, accommodation for new mothers, and holistic healing   Call 501-526-8100 for more information	
<b>Child Study Center (Arkansas Children's Hospital):</b>	Outpatient program providing consultation, assessment, and management for those with psychiatric conditions   Call 501-364-5150 for more information	
<b>AR ConnectNow:</b>	24/7-accessible virtual therapy clinic for all ages, anywhere in Arkansas   Call 800-482-9921 to schedule   Assistance available for uninsured or underinsured   Visit <a href="http://uamshealth.com/ar-connectnow/">uamshealth.com/ar-connectnow/</a> for more resources	
<b>Six Bridges Clinic:</b>	Outpatient substance use treatment for ages 12-21   Call 501-526-8487 to schedule	
<b>Support for Military Personnel &amp; Veterans</b>		
<b>Veterans Day Treatment Center:</b>	1000 S Main St, Little Rock, AR 72202   Call 501-244-1900 or 501-257-4499 for more information	<p>This guide is meant to provide information for low-income and under-insured individuals about mental health resources in the Little Rock metropolitan area. Every effort is made to ensure accuracy, but this information may change. For more information or to request changes, visit <a href="http://ourhouseshelter.org/resources">ourhouseshelter.org/resources</a>. Please visit <a href="http://findtreatment.samhsa.gov">findtreatment.samhsa.gov</a> for a directory of mental health resources nationwide.</p> <p style="text-align: center;"><b>Updated December 2024</b></p>
<b>Veterans Crisis Line:</b>	Call 988 and press 1 or text 838255   24/7 help for veterans in crisis	
<b>CAVHS Eugene J. Towbin Healthcare Center:</b>	2200 Ft. Roots Dr, NLR, AR 72114   501-257-1000   Services offered include acute inpatient, dual diagnosis, serious MH illness and geri-psych, MH intensive case management, primary care MH integration, PTSD clinical team, military sexual trauma recovery, MH residential rehab   Visit <a href="http://maketheconnection.net/resources/#va-resources">maketheconnection.net/resources/#va-resources</a> to find more VA resources	
<b>CAVHS John L. McClellan VA Medical Center:</b>	4300 W 7th St, LR, AR 72205   501-257-1000   Services offered include women's veteran program, evaluations and referrals for mental health issues, post deployment adjustment, anger management, sexual trauma, elder abuse, parenting issues, family stressors, care coordination	